

EAGLE NEWS

NOVEMBER 2016



L.P. Brown Elementary School
2000 26th Avenue NW, Olympia
98502
Phone: (360) 596-6800
Attendance Line: (360) 596-6803

JUST A REMINDER—HALLOWEEN COSTUMES ARE NOT ALLOWED AT SCHOOL. PLEASE FEEL FREE TO HAVE STUDENTS WEAR COSTUMES TO OUR FALL FESTIVAL, FRIDAY, OCTOBER 28TH FROM 6-8PM. THANK YOU FOR YOUR COOPERATION.

We Need Volunteers

L.P. Brown is looking for volunteers to help our students grow academically, socially and emotionally. We love having classroom volunteers but this year we are also looking for adults who would be willing to be a mentor and role model for students. Just coming in to eat lunch and hang out at recess for an hour a week can mean so much to a child. If this sounds like something you would be willing to do please let us know by contacting Mr.

Brownsmith

at abrownsmith@osd.wednet.edu and visit the OSD website at <http://osd.wednet.edu/community/volunteer> to become an approved volunteer.

BROWN'S WORLD

On November 30th, Brown's World testing will be on *North America and Central America*, please contact collette.rauch@live.com if you are able to volunteer to help test the students.

YOUNG LADY COUGAR BASKETBALL

The signups take place Oct. 29 and Nov. 5 from 9-noon in the Capital High School Commons. Also registrations can be dropped off or mailed to CHS. Registration forms are located in L.P. Brown's office.

CALENDAR OF UPCOMING EVENTS...

NOVEMBER 2016

11/2—HALF DAY/EARLY REALEASE (12:30PM)
11/3—PENNY COUNT FUNDRAISER BEGINS
11/8—VETERAN'S DAY ASSEMBLY (10AM)
11/11—VETERAN'S DAY/NO SCHOOL
11/16—HALF DAY/EARLY RELEASE (12:30)
11/22—LIONS HEARING AND VISION SCREENING
11/23-11/25—THANKSGIVING BREAK/NO SCHOOL
11/30—BROWN'S WORLD

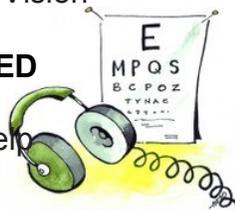
DECEMBER 2016

12/7—HALF DAY/EARLY REALEASE (12:30PM)
12/19-1/2—WINTER BREAK/NO SCHOOL

LIONS HEARING AND VISION SCREENING

On November 22nd, the Lions Hearing and Vision Screening will be at our school from 12:45-2:15 and 2:15-3:45. **VOLUNTEERS NEEDED**

Please send us an email if you're able to help out: l.p.brownelementarypto@gmail.com



BOX TOPS

Box tops will be collected from each classroom on the last Thursday of each month and the class that brings in the most each month will receive a popcorn party. Please watch for some sheets being sent home for the students to put their cutout box tops on. This makes things a lot easier for the box top coordinator when counting them to redeem.

EVERY PENNY COUNTS FUNDRAISER

On November 3rd, our school wide EVERY PENNY COUNTS fundraiser will begin. We are challenging students to come up with the most creative penny collecting container for collecting their pennies. Each month between November and February the pennies will be collected to see which class brought in the most, that class will then be rewarded with a party. Just as EVERY PENNY COUNTS to support our school, EVERY STUDENT COUNTS at L.P. Brown! Our goal is for EVERY student to be included in this event which displays their unique creativity and pride in their school. Be looking for flyers sent home with your child about this event.



CHECK OUT OUR WEBSITE



VETERAN'S DAY ASSEMBLY

Our Veteran's Day Assembly has been changed and is now Tuesday, November 8th at 10am. Please join us as we honor our Veterans.

SUPPORT OUTDOOR EDUCATION

OSDEF Cispus Holiday Wreath sales on now! Buy yours to support 5th grade Outdoor Education. From October 21st to November 2nd, you can pre-order a beautiful wreath for your holiday decor. Your purchase will support overnight outdoor education in the Olympia School District.

These make terrific gifts, so remember your neighbors, family and friends. Wreaths are \$22 each, with proceeds going to assure funding for overnight environmental studies for our 5th graders, sponsored by the Olympia School District Education Foundation (OSDEF). Wreath delivery will be just prior to Thanksgiving break. 5th grade campers are especially encouraged to sell 4 wreaths each. Questions? Special bulk orders? Contact Alex Brownsmith abrownsmith@osd.wednet.edu



From The Health and Wellness Room

November is here, *American Diabetes Month*. There are 29 million American children and adults with diabetes. Another 1.4 million will be diagnosed every year. Type 2 diabetes can be delayed and even prevented by staying at a healthy weight, eating a balanced diet and staying active. Find out more about American Diabetes Month and Diabetes in general by visiting The American Diabetes Association website at: www.diabetes.org

Fall is here and so is the rain. Please make sure your student keeps a change of clothes (including socks and underwear) in their backpack. The nurse's room does not have clothing. If your child does not have a change of clothes in their backpack and an accident happens, we will call the parent to come to the school with a change of clothes for the student. Thank you for your understanding.



Principal's Corner

Dear families,

Many factors influence the success of a school. One main element of successful schools is the sense of community which exists in the hallways and classrooms. Increasing this factor at LP Brown is a focus of our work this year.

This sense of community is increased with parent involvement. Whether attending parent/teacher conferences or maintaining open lines of communication with staff, parents play a role in supporting the community feel of a school building. Our PTO, through their events and continued efforts, also actively work to increase the community feel of LP Brown. Thank you parents, for your dedication to our school!

We have taken a step this year to have students also add to our community. Each week, students take part in a "Learning Partners" activity. Students are matched up in grades K/3, 1/4 and 2/5. Activities range from reading together, completing an art project or simply connecting when completing a task together. We have already found that our school feels more connected as a result of this program. The more connected a child feels to the school and the people in the school, the greater chance of success this child will enjoy. Parents, please ask your child about their experience with their "Learning Partner!"

As we look toward our broader community, we hope to secure more volunteers to help increase this sense of connectedness. Students benefit greatly from interacting with positive adults. Something as simple as eating lunch with a child once per week can make a world of difference. If you know of a neighbor, friend or other adult who might be willing to fill this need for our students, please let us know. Alex Brownsmith, our school librarian, is coordinating our efforts to increase volunteer connections. <http://osd.wednet.edu/community/volunteer> .

Again, thank you all for your efforts to support our community school. We look to the future with a hope that this feeling increases, and continued student success follows.

With warm regards,

Joel Lang



Notice of Nondiscrimination 2016-17 School Year

The Olympia School District will provide equal educational opportunity and treatment for all students in all aspects of the academic and activities program without discrimination based on race, religion, creed, color, national origin, age, honorably-discharged veteran or military status, sex, sexual orientation, gender expression or identity, marital status, the presence of any sensory, mental or physical disability, or the use of a trained dog guide or service animal by a person with a disability. The district will provide equal access to school facilities to the Boy Scouts of America and all other designated youth groups listed in Title 36 of the United States Code as a patriotic society. District programs will be free from sexual harassment. Auxiliary aids and services will be provided upon request to individuals with disabilities.

The following people have been designated to handle inquiries regarding the nondiscrimination policies, reports of alleged sexual harassment, concerns about compliance, and/or grievance procedures: Jeff Carpenter, Title IX Officer, (360) 596-8544; Kari Lewinsohn, Section 504 and ADA Coordinator, (360) 596-7538; and Scott Niemann, Affirmative Action Officer and Civil Rights Compliance Coordinator, (360) 596-6193. All three individuals may also be contacted at 1113 Legion Way S.E., Olympia, WA, 98501.

“An Attitude of Gratitude”

Our character trait focus for November is GRATITUDE. November is a perfect month to focus on gratitude because of the Thanksgiving holiday. Our PBIS newsletter article this month introduced what gratitude looks and sounds like. In addition, as the article mentioned, asking your children what they're grateful or thankful for is one way to cultivate an attitude of gratitude but there are many more things you can do at home to help teach gratitude.

Children may not always seem like they're listening but they pay close attention to watching what we as adults do. Modeling gratitude by thanking people who open the door for us, let us go first in line, serve our food, do a favor for us, etc. is one important way to let children know that being thankful is important. Expecting children to say thank you when someone has done something for them is another way to let them know. It's important, too, for us to thank our children for what they do: helping with chores, putting dishes in the sink or dishwasher, picking up their toys, etc. Spending time acknowledging positive behaviors like this not only reinforces the behavior (and makes it more likely it will be repeated!) but also sends a message that their contributions are appreciated. They'll then be more likely to tell or show others that they're appreciated, too.

Including your children in doing something nice for someone who has helped or someone who is valued is another way to model gratitude. Writing a thank you card; making a small gift; drawing a picture; and/or making a special treat for a babysitter or teacher or coach, etc. is great way to let people know they are appreciated for what they do.

Finally, helping children reflect on what they DO have and discussing people who are less fortunate helps children develop gratitude for the people, experiences and things in their own lives as well as develop compassion for others. One way to deepen this compassion for others to volunteer as a family for a community service organization, work together to fundraise or gather donations for a charity, or simply identify a need and help fill it - no matter who or what it is or how big or how small it is. An “attitude of gratitude” helps children (and adults) with social relationships and helps them be happier, more resilient people!

POSITIVE BEHAVIORAL INTERVENTION & SUPPORTS UPDATE

L. P. Brown's character trait of the month for November is Gratitude. Gratitude is being thankful and grateful for what you have and what people do for you. According to Derrick Carpenter, MAAP (Masters in Applied Positive Psychology), “people who regularly practice gratitude by taking time to notice and reflect upon the things they're thankful for experience more positive emotions, feel more alive, sleep better, express more compassion and kindness, and even have stronger immune systems”.

Throughout the month of November at school, students will learn and practice what gratitude looks and sounds like. Gratitude looks like and sounds like the following:

- Recognizing and focusing on the good things and the people in your life.
- Saying thank you when someone helps you, does something for you, or gives you something.
- Thinking about what you have before you think about what you want.
- Realizing what you have that others may not and being thankful.

These are habits that families can practice at home as well. A few times each week, ask your child to share with you what he/she feels grateful for that day.